



## Word Notes: Sunday 28/01/18

Ruth Brown: Signposts 3 – What open doors can teach you about you

- Series text: Rev 3:7,8; Topic text: Romans 12:3

*“Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you.”*

Is it sad that the world uses personality tools and the like to know ourselves more than the church does? God invented it all: science, psychology etc so why not? Does that mean it's not very spiritual – not at all, there is plenty in the Bible to guide us into discovering our strengths and weakness while assuring us of God's love whomever we are.

Of all the main characters in the Bible, David is probably the most self-reflective. Through his psalms we learn how he reflects and asks God to help him:

*“Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.” Ps 139:23,24*

Knowing yourself will help you respond to God and His call on your life. Knowing that He loves you and delights in a heart given over to Him is the best encouragement.

*“My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise.”*  
Psalm 51:17

In all things remember that God will never let you down.

### **Study & Application**

1, Knowing yourself (Romans 12:3).

- Ruth shared some tools which you can use to make a “sober judgement”. What value to you think they have?
- If not these how else would you make that judgement of yourself?

2, Growing. The purpose of knowing yourself is so you can grow in your strengths and be aware of your weakness (Ps 139:23,24 & 51:17).

- What heart attitude is God looking for and how does that manifest in your life?
- Who might you turn to for help in your personal spiritual development?

### **Prayer**

Pair up then prayerfully reflect and share one strength which God has revealed to you about the other person. Pray for each other to grow in that strength and for God to use it to His glory for the extension of His Kingdom.

### **Resources for finding out more about your strengths:**

Johari window - <http://kevan.org/johari>

Clifton Strengths finder - <https://www.gallupstrengthscenter.com/>